



# Life Lessons

U N L E A S H E D

*Motivation to live the life you love*

## AV & Room Set Up Requests

### **Wireless Microphone**

Being able to engage with the audience is an important part of a successful event and makes a difference as to the level of energy present. A wireless microphone allows Heather to connect with people and create a memorable experience. Please have either a wireless headset or handheld microphone available with both fresh batteries and extras as back up.

### **Room Set Up and Sound Check**

Heather will arrive for the event a minimum of 1 hr before the start in order to test the microphone and check the room set up. Please have the stage area and/or front of room clear of podiums, tables, and other obstacles. Heather 'walks 'n talks' to connect with the audience.

If possible, please remove extra chairs as well. Having empty chairs creates deadspace allowing people's minds to wander and taking focus away from the event and speaker. The perception should be a packed room full of energy.

### **Water... please**

When presenting a longer program, a speaker's voice can get hoarse. Water helps. Please have a bottle or two of water available if needed. It is appreciated.

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