



Life Lessons
UNLEASHED

Motivation to live the life you love

With humor, relatable stories, and actionable content, Heather will help your audience kick start their journey towards success.

Love 'Em... or They'll Leave

Focusing on the three key principles of Passion, People, and Purpose, participants discover the secrets of attracting and motivating others.

Whether employees or community volunteers, it takes the three P's to keep people engaged and wanting to participate. Within this program, your audience will...

- Understand how the three elements of 'Passion, People, and Purpose' support each other resulting in a highly effective, engaged team
- Walk away with 3 creative ways to motivate your team while building value
- Discover the one, single most important word that increases engagement; Make regular use of this word and watch people smile!

"Your presentation was AWESOME! We used your words throughout the meeting as ice breakers and comic relief. Thank you so much for coming. You set the tone for the conference perfectly."

Peg Larson, WHA



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